

## Better Together: Age-Friendly Nanaimo

## **Better Together Champion Training**

Dat	te:			_	Location		
Affi	iliation:	(Chec	k all th	at app	ly)		
Ser	nior	_ Publi	c	_ Provi	der Other		
					agree with the following statements by circling your ided: 1 = strongly disagree / 5 = strongly agree		
1.	The pu	rpose	and ob	ojective	es of the workshop were clear		
	1	2	3	4	5		
2.	Adequa	ate ba	ckgrou	nd info	ormation was provided		
	1	2	3	4	5		
3.	The inf	ormat	ion wa	s prese	ented clearly		
	1	2	3	4	5		
4.	I found	l the a	ctivitie	s usef	ul		
	1	2	3	4	5		
5.	I was e	encour	aged t	o parti	cipate and express my views		
	1	2	3	4	5		
6.	Overal	l, the d	discuss	sion rer	mained focused and on track		
	1	2	3	4	5		
7.	Our me	eeting	place	was co	nvenient for me		
	1	2	3	4	5		
8	The group size was just right						
	1	2	3	4	5		

9.	I have	increa	ised m	y knov	wledge about social isolation.	
	1	2	3	4	5	
10.	I hav	e incre	eased n	ny kno	owledge about how to identify a senior at risk	
	1	2	3	4	5	
11.	I can	see w	ays tha	at I ca	n act individually if I know a senior at risk.	
	1	2	3	4	5	
12.	I kno	w wha	t to do	if I se	ee a senior at risk in my community.	
	1	2	3	4	5	
13.	I hav	e incre	eased k	nowle	dge about supports available to seniors at risk	
	1	2	3	4	5	
14.	Our n	neetin	g place	was o	convenient for me	
	1	2	3	4	5	
15.	The gr	oup siz	ze was	just ri	ight	
	1	2	3	4	5	
16.	I leav	e the	meetin	g toda	ay feeling confident and inspired.	
	1	2	3	4	5	
17.	I plan t	to act	on the	inforn	nation provided (describe)	
	1	2	3	4	5	
18.	Name	e 2 asp	ects of	f this v	work shop that were particularly valuable to you.	
19.	How	could t	his eve	ent ha	ve been improved?	

20.	Additional comments: